

Transition Planning for Students with Individual Education Plans

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MICHIGAN CAREER PATHWAYS

Arts and Communication Careers related to humanities, performing, visual, literary and media arts.	Characteristics Good writing skills Creative Likes to entertain Self-Expressive 	Sample Careers Public Relations Dancer Film Producer Fashion
Business, Management, Marketing, and Technology Careers related to a business environment. These include entrepreneur, marketing, computers and more.	Characteristics Good Math skills Leader Can use computer programs Like planning events 	Sample Careers Loan Officer Secretary Manager Computer Programmer Salesperson
Engineering/Manufacturing and Industrial Technology Careers related to engineering, manufacturing, construction, service, and related technologies.	 Characteristics Using tools and machinery Operate mechanical equipment Math Skills Problem Solve 	Sample Careers Architect Plumber Electrician Auto Mechanic Air Traffic Controller
Health Sciences Careers related to the promotion of health and treatment of disease. These include research, prevention, treatment, and related health technologies.	 Characteristics Interested in health issues Cares about the well being of people and animals Interested in how the body works 	Sample Careers Dentist Doctor Dental Hygienist Veterinary Nurse
Human Services Careers in this path are related to economic, political, and social systems. This includes education, government, law, leisure and recreation, military,childcare, social services and more.	 Characteristics Enjoys interacting with people Skills in writing and speaking Problem solver Likes to help people 	Sample Careers Chef Teacher Lawyer Police Social Worker Firefighter
Natural Resources and Agriscience Careers related to agriculture the environment, and natural resources.	 Characteristics Prefers working outdoors Interest in care of our environment Interest in nature and animals 	 Sample Careers Farmer Landscaper Marine Biologist Conservation Agent Forester



Ideas for Coordinated Activities for Transition Services

INSTRUCTION

- Visit college campuses and meet with student support services
- Consider enrollment in a tech-prep program
- Consider enrollment in a cooperative education course
- Explore admission requirements for possible part-time enrollment at a Vocational/Technical School
- Obtain information on continuing and adult education opportunities
- Learn about students' rights under IDEA and the Age of Majority
- Enroll in Self-Advocacy/Self-Awareness Studies .
- Enroll in career selection course
- Enroll In Adult Living course
- Enroll in Coop/Work Study o
- Participate in extracurricular activities
- Participate In Credit Recovery
- Investigate dual enrollment
- Enroll in parenting class ei.

- Learn about time management
- Practice negotiation skills for job raises, car purchases, etc.
- Complete a learning styles inventory to identify preferences and strength modes
- Take a CPR/First Aid course
- Learn about community agencies that provide services and support to people with disabilities Tour post-school occupational training programs
- Obtain, complete and submit applications to college of choice
- Contact local college regarding special needs services and the documentation required
- Obtain, complete and submit applications for tuition assistance including FAFSA (Free Application for Federal Student Aid)
- Register for classes with city parks and adaptive recreation programs
- Understand self-disclosure/non-disclosure of disability
- RELATED SERVICES (COMMUNITY BASED)
- Identify, visit, and if appropriate, apply to community mental health agencies
- Identify post-school providers of needed services and funding sources
- Learn to use a guide dog effectively
- Receive orientation and mobility training in place of employment
- Obtain a driving capability assessment
- Complete an assistive technology evaluation
- Learn to maintain equipment/adaptive devices needed
- Knowledge of accommodations needed in the work place
 - COMMUNITY EXPERIENCES
- Investigate participation in church/temple or social/recreation events
- Learn about and visit potential places in the community to shop for food, clothes, etc.
- Investigate youth volunteer programs i.e. Hospitals, the library,etc.
- Investigate participation in community sports teams organizations (e.g. Softball, bowling etc.)
- Join a community recreation center or YMCA
- Learn about the community theater group
- Learn about the community symphonic 4
- organization Investigate participation in the community arts council
- Learn about the community historical preservation society
- Join a community team or organization (e.g. . Church-group, self-advocacy-club, bowling_league_

DEVELOPMENT OF EMPLOYMENT

- Work towards obtaining a license in a skilled trade
- Interview an adult worker in a career field of • interest
- Participate in a career awareness program
- Participate in a community-based career ò exploration programs
- Meet with agencies to identify and evaluate their services (MRS, CMH, BSBP)
- Learn the location of the county one-stop career centers
- Explore military options

- Visit the mail and food court. Identify stores and meals of choice
- Determine transportation options within the community (e.g. city bus, Smart bus)
- Call transportation to ask about routes and schedule Information
- Participate in age appropriate social activities (e.g. dances, dating, concerts, sporting events, etc.)
- Request a volunteer center directory to research and select a site of interest
- Learn about and access postal services
- Register for classes with city parts and adaptive recreation program
- Discuss appropriate community behavior
- Use internet to Identify directions to locations
- Participate in Special Olympics
- Practice completing job applications and interviewing skills
- Obtain a paid job in an area of Interest
- Memorize social security number
- Attend transition fair or career fair at school and/or ä in the community
- Research careers, qualifications and specifications, and key words for resume development
- Obtain a list of providers from CMH who conduct person-centered planning, job development and placement, and job coaching

(WCRESA SAMPLE FOR DISCUSSION PURPOSES ONLY)

- Draft resume, cover letters, and thank you notes for after interviews
- Participate In Job shadowing
- Purchase clothes for job Interviews

OTHER POST-SCHOOL ADULT LIVING OBJECTIVES

- Register to vote and learn about the election process
- Register for the draft and learn about public service obligations/opportunities
- Obtain a driver's license or State ID
- Obtain assistance to complete a tax return
- Explore Insurance issues/needs (medical, auto, homeowners, renters,)
- Learn about managing/maintaining/performing simple repairs on a home and obtaining modifications/accommodations
- Contact the Center of Independent Living for information on self-advocacy
- Learn about ways to purchase/lease a car and maintain the vehicle
- Obtain modifications needed to use or drive a vehicle
- Open a bank account and manage finances/budget skills

ACQUISITION OF DAILY LIVING SKILLS

- Visit community agencies that provide daily skills training to adults
- Develop a contact list of agencies that provIde residential support
- VIsit/tour a variety of supportive adult housing options
- Develop a network of Informal supports (friends, neighbors, etc.)
- Explore possible technology and adaptive assistance
- Develop emergency procedures for use at home
- Take courses in foods, family life, child development, and life management
- Understand directions for taking medications
- Schedule and keep medical and dental appointments
- Instruction in domestic Independence skills (bed making, cleaning)
- Prepare an InItial housing budget (down payment, fumiture, supplies, utilities etc.)

- Volunteer in career area of interest
- Take career interest inventories/surveys to help pinpoint interest area
- Apply for credit cards and manage personal debt
- Learn about expectations for eating in restaurants
- Obtain Information on managing personal health and fitness
- Plan for vacations/leisure activities
- Learn about consumer skills, rights, and responsibilities
- Join the local YMCA, health club, or community recreation center
- Obtain information about financial planning and investing
- Contact the Bureau of Services for Blind People to obtain training on Independent living
- Investigate housing options
- Practice phone skills, i.e. et/quette, documentation
- Learn to maintain assistive technology equipment (wheelchair, hearing aids)
- Learn about programs available through the Department of Social Services (food stamps, medical insurance, etc.)
- Cost compare for household items (appliances, linens, etc.)
- Manage daily time schedule
- Knowledge of healthy food choices
- Learn bus procedures (bus pass, where to sit, bus stops, schedules)
- Learn to use safety skills in the community
- Develop consumer skills at the grocery store
- Learn to make simple meals
- Training to use a back ATM
- Purchase clothing and learn how to care for clothes
- Learn about personal safety (including social media)
- Practice personal grooming skills
- Improve Interpersonal relationship skills
- Use schedule and calendar

FUNCTIONAL VOCATIONAL EVALUATION (WHEN APPROPRIATE)

- Participate in a community-based situational vocational assessment program
- Provide opportunities for job sampling in the community
- Collect functional information regarding the student's vocational interests, aptitudes, and abilities

Adapted from Seattle University - Center for Change in Transition Services, 2010



Name:

Date:

What's My Bag?

Please place a check mark next to the choice that seems to be most like you.

1. _____ work indoors _____ work outdoors 2. _____ work alone _____ work with other people 3. _____ work with your hands _____ work with your mind 4. _____ work in the daytime _____ work at night 5. _____ work for a boss _____ be a boss yourself 6. _____ create or build something _____ use plans someone else has made 7. _____ work in a city _____ work in the country 8. _____ make a lot of money at a job you don't like _____ enjoy your job 9. _____ have a job you can get when you finish high school _____ have a job that requires college 10. _____ have a job where you travel _____ have a job where you stay in one place 11. _____ work in your own home _____ work outside your home 12. _____ be famous _____ be known only to your friends and family 13. _____ have a job where you help other people have a job where you work more with machines, papers, and other things

Look carefully at the choices you have made. Think of three jobs you might one day have that would interest you most.

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2		1.
3		

Source: Connections: A Transition Curriculum for Grades 3 Through 6, by Jefferson County Public Schools, n.d., Denver, CO: Author. Copyright by Jefferson County Public Schools. Reprinted with permission.

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Date:

Name:

LIKES AND DISLIKES

Directions: Place a check (\checkmark) next to any hobbies, interests, or activities that you like. Write "0" if you do not like the activity. Then put a star (*) next to the three things you like to do the most and the three things you like least.

· ·	Playing sports		Drawing
	Camping, hiking		Painting
	Fishing		Taking care of people
	Hunting		Baby-sitting
	Swimming		Going to church
	Bicycling		Belonging to a club
	Horseback riding		Collecting things
	Skiing		Visiting with friends
	Motorcycling	-	Sleeping
	Keeping pets		Food
	Raising animals		Computers
	Gardening or taking care of plants		Video games
	Farming	<u></u>	Cooking
	Carpentry	: 	Sewing
	Fishing		Knitting
	Beauty and hair care		Reading
	Listening to music		Photography
	Writing songs, stories, poems		Four-wheelers
	Watching TV or movies		Motocross
	Playing an instrument		Working out

Use this space to add other hobbies or interests you can think of:

Source: Speak Up for Yourself and Your Future, by K. F. Furney, N. Carlson, D. Lisi, S. Yuan, and L. Cravedi-Cheng, 1993, Burlington: University of Vermont. Copyright 1993 by University of Vermont. Reprinted with permission.

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Date:

SKILLS

Directions: Put a check (\checkmark) next to all the things you are good at. Then put a star (*) next to the three things you do best.

I'm good at:

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Name:

	Taking care of other people		Reading
	Dealing with the public		Writing
	Organizing things		Math
	Making change		Science
	Typing/filing		Social studies
	Answering phones	<u>.</u>	Art
;	Using a computer		Sports
	Waiting on tables		Music
	Construction/carpentry	°?	Teaching
	Housepainting		Baby-sitting
<u></u>	Operating machines or tools	·	Cooking
	Fixing machines	· · · · · · · · · · · · · · · · · · ·	Sewing or knitting
	Welding		Cleaning
<u></u>	Fixing cars		Hairdressing
	Logging		Driving
	Gardening		Farming
··	Yard work		

Use this space to list other things you do well:

Source: Speak Up for Yourself and Your Future, by K. F. Furney, N. Carlson, D. Lisi, S. Yuan, and L. Cravedi-Cheng, 1993, Burlington: University of Vermont. Copyright 1993 by University of Vermont. Reprinted with permission.

Interest Survey

- For Student or Parent Response -

Student Name:	School:
Person Completing the Survey:	Date:

Answer the following questions to the best of your ability.

1. Do you like making crafts?	Yes	No	AC
2. Do you like things neat and orderly?	Yes	No	BMMT
3. Can you lift and carry heavy objects?	Yes	No	EMIT
4. Would you like to volunteer at a hospital?	Yes	No	Н
5. Do you like to meet new people?	Yes	No	HS
6. Do you enjoy being outdoors?	Yes	No	NR
7. Do you like to draw?	Yes	No	AC
8. Do you like to clean?	Yes	No	BMMT
9. Do you like to work with your hands?	Yes	No	EMIT
10. Do you like to take care of animals?	Yes	No	Н
11. Do you like to help others?	Yes	No	HS
12. Do you like being outside in the winter?	Yes	No	NR
13. Do you like to talk on the telephone?	Yes	No	AC

14. Do you like to work in a quiet workplace?	Yes	No	BMMT
15. Do you like to build things?	Yes	No	EMIT
16. Do you like to be around a lot of people?	Yes	No	Н
17. Do you like being around young children?	Yes	No	HS
18. Do you like to garden?	Yes	No	NR
19. Do you play a musical instrument?	Yes	No	AC
20. Do you like to work alone?	Yes	No	BMMT
21. Do you like to do puzzles?	Yes	No	EMIT
22. Do you being around senior citizens?	Yes	No	Н
21. Are you friendly?	Yes	No	HS
24. Do you like to get your hands dirty?	Yes	No	NR

SCORING: Count the number of "yes" answers and place it in the appropriate blank. The area with the most "yes" answers can be identified as the Career Pathway choice.

AC	 Arts & Communication
BMMT	 Business, Management, Marketing, & Technology
EMIT	 Engineering/Manufacturing and Industrial Technology
Н	 Health Sciences
HS	 Human Services
NR	 Natural Resource and Agriscience

STUDENT TRANSITION INTERVIEW

Student:	Interviewer:	Date:	

These questions can be asked when interviewing the student regarding his/her transition needs. Select questions appropriate for individual students.

Employment

- 1. What do you like to do?
- 2. What is your career goal?
- 3. What skills or training will you need to reach your career goal?
- 4. What do you do well? OR What are your strengths?
- 5. What don't you do well? OR What are your limitations?

6. Are there things that would make this job easier for you to do? OR What would help you overcome your limitations on the job?

- 7. Can you fill out a job application form without help?
- 8. Have you ever practiced or had a job interview?
- 9. Where should you look to find job openings?
- 10. What are important things to do to keep a job? OR How can you avoid getting fired?
- 11. How do you get along with peers?
- 12. How do you get along with adults in authority (boss, teacher, principal)?

Living Arrangements

1. Where do you think you will live after you graduate from high school?

2. If you wanted to move out on your own, how would you find a place to live?

3. How much will it cost you every month to pay for:
Rent?
Gas & lights?
Water & garbage?
Food?
Transportation?

4. What foods can you make without help?

5. Do you have a checking or savings account?

6. What household chores do you need to do to keep your home clean? AND How often do you do those chores?

7. Can you make purchases without help (grocery store, clothing, restaurant, etc.)?

8. What do you do in your spare time? AND Where do you go for leisure time activities? OR As an adult, what things could you do during your leisure time?

9. What help will you need in order to live on your own?

Education/Training

- 1. What courses in school do you enjoy?
- 2. What courses could you take in school that relate to your interests and future plans?
- 3. What are your education/job training plans after high school?
- 4. What high school courses must you pass in order to enter the training program?
- 5. Tell me what your teachers would say about your study habits in school.

6. What accommodations will you need to be successful in a post-high school training program?

Career Interest Survey

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In order to choose a career that will give you personal satisfaction, you must spend some time thinking about what really interests you. This activity helps you match your interests to different types of careers. For each item, circle the letter of the activity you would rather do. It doesn't matter if you like both of them a lot or dislike both of them a lot; just pick the one you would rather do, and circle that letter.

		Operate a printing press Study the causes of earthquakes			Make three-dimensional items Analyze handwriting			Build kitchen cabinets Refinance a mortgage
C R	 '	Plant and harvest crops Replace a car window and fender			Design indoor sprinkler systems Run a factory sewing machine			Sing in a concert Direct the takeoff/landing of planes
E F	-	Analyze reports and records Operate a machine	G Q	1	Develop personnel policies Train racehorses			Operate a cash register Collect rocks
		Work in an office Answer customer questions			Guard an office building Run a department store			Start a business Draft a blueprint
D J	-	Write reports Help former prison inmates find work	A G	1				Assess student progress Design an airplane
L M	-	Design a freeway Plan educational lessons	O L	11	Help people at a mental health clinic Remodel old houses	01	-	Wrap a sprained ankle Guide an international tour group
		Balance a checkbook Take an X-ray			Care for young children Locate a missing person			Solve technical problems Provide spiritual guidance to others
		Write a computer program Train animals			Plan estate disbursements/payments Enter data	Q K	-	Manage a veterinary clinic Lead others
C A		Be in charge of replanting forests Act in a TV show or movie	A E	-				Operate heavy equipment Manage a fish hatchery
D F	-	Solve a burglary Check products for quality	R	-	Figure out why someone is sick Fly an airplane	К	-	Assemble cars Protect our borders
E G	1	Bulld an airport Keep company business records	C H		Learn how things grow and stay alive Sell cars	J	-	Plan activities for adult day care
F P		Put together small tools Design a website		-	Work as a restaurant host or hostess Fight fires	J	-	Provide consumer information
		Tutor students Work at a zoo	G J	-	Keep payroll records for a company Work in a nursing home	В	F	Study human behavior
) 0		Take care of children Plan special diets	G O	1	Hire new staff Run ventilators/breathing machines	Μ	-	
A K	-	Choreograph a dance Lobby or show support for a cause			Drive a taxi Broadcast the news	1	-	Fix a control panel Help friends with personal problems
H E		Sell clothes Work with your hands	K B	1	Audit taxes for the government Sort and date dinosaur bones	В	-	Oversee a logging crew Study weather conditions
l N		Work at an amusement park Sell Insurance		-	Give shots Design landscaping	A	-	Pack boxes at a warehouse Teach dancing
l P	-	Learn about ethnic groups Manage an information system	P D		Give tech support to computer users Work in a courtroom	В		Study soil conditions
N M	-	Appraise the value of a house File books at the library	Q I		Care for injured animals Serve meals to customers			Play the stock market Protect the environment

M R		Grade papers Operate a train		Install rivets Raise worms			Inspect cargo containers Work in a cannery
L E		Order building supplies Paint motors		Balance accounts Develop learning games	l P		Coach a school sports team Update a website
P H	-	Develop new computer games Buy merchandise for a store		Read to sick people Repair computers			Hunt Enlist in a branch of the military
К С		Work to get someone elected Identify plants in a forest		Compare sizes and shapes of objects Fish	H J	-	Sell sporting goods Cut and style hair
D L		Guard inmates in a prison Read blueprints		Repair bicycles Deliver mail	B N	-	Experiment to find new metals Work in a bank
Н К		Line up concerts for a band Ask people survey questions		Teach Special Education Set up a tracking system			Work with computer programs Loan money
E O		Manage a factory Work as a nurse in a hospital		Manage a store Advertise goods and services	L D		Hang wallpaper Make an arrest
A K		Paint a portrait Testify before Congress		Distribute supplies to dentists Compete in a sports event	O H		Deliver babies Persuade people to buy something
B I		Work with a microscope Schedule tee times at a golf course		Check guests into a hotel Teach adults to read	H 1		Stock shelves Serve concession stand drinks
C O		Classify plants Transcribe medical records		Follow step-by-step instructions Collect past due bills			

Career Evaluation

Count the number of times you circled each letter and record each number in the chart below.

A:	D:	G:	J:	M:	P:
B:	E:	H:	K:	N:	Q:
C:	F	I:	L:	0:	R:

Now that you have the results from your career interest assessment, it's time to learn about specific career fields that match your interests.

Write down the two letters with the most responses. These are your top two areas of career interest. If you have a tie, list three:

Find and read the description of your top area of career interest on the next page. Then, record your interest area(s) here:

Career Interest Areas

- A. Arts, A/V Technology and Communications: Interest in creative or performing arts, communication or A/V technology.
- B. Science, Technology, Engineering and Mathematics: Interest in problem-solving, discovering, collecting and analyzing information and applying findings to problems in science, math and engineering.
- C. Plants, Agriculture and Natural Resources: Interest in activities involving plants, usually in an outdoor setting.
- D. Law, Public Safety, Corrections and Security: Interest in judicial, legal and protective services for people and property.
- E. Mechanical Manufacturing: Interest in applying mechanical principles to practical situations using machines, hand tools or techniques.
- F. Industrial Manufacturing: Interest in repetitive, organized activities in a factory or industrial setting.
- G. Business, Management and Administration: Interest in organizing, directing and evaluating business functions.
- H. Marketing, Sales and Service: Interest in bringing others to a point of view through personal persuasion, using sales or promotional techniques.
- I. Hospitality and Tourism: Interest in providing services to others in travel planning and hospitality services in hotels, restaurants and recreation.
- J. Human Service: Interest in helping others with their mental, spiritual, social, physical or career needs.
- K. Government and Public Administration: Interest in performing government functions at the local, state or federal level.
- L. Architecture, Design and Construction: Interest in designing, planning, managing, building and maintaining physical structures.
- M. Education and Training: Interest in planning, managing and providing educational services, including support services, library and information services.
- N. Finance, Banking, Investments and Insurance: Interest in financial and investment planning and management, and providing banking and insurance services.
- O. Health Sciences, Care and Prevention: Interest in helping others by providing diagnostic, therapeutic, informational and environmental services, including researching and developing new health care services.
- P. Information Technology (IT): Interest in the design, development, support and management of hardware, software, multimedia, systems integration services and technical support.
- Q. Animals, Agriculture and Natural Resources: Interest in activities involving the training, raising, feeding and caring for animals.
- R. Transportation, Distribution and Logistics: Interest in the movement of people, materials and goods by road, pipeline, air, railroad or water.